



Addiction Recovery Support Resources

Alcohol and Substance Use Disorders

- www.aa.org - Alcoholics Anonymous is an international fellowship of men and women suffering from alcoholism. To find an online support group, visit [here](#).
- www.adultchildren.org - Adult Children of Alcoholics (ACA)/Dysfunctional Families is a Twelve Step, Twelve Tradition program of men and women who grew up in with parents suffering from alcoholism. To find an online support group, visit [here](#).
- www.na.org - Narcotics Anonymous is a global, community-based organization that helps individuals with substance use disorders. To find an online support group, visit [here](#).
- www.ca.org - Cocaine Anonymous is a fellowship of men and women help each to recover from their addiction. To find an online support group, visit [here](#).
- www.al-anon.org, A worldwide fellowship for those affected by another's alcoholism. To find an online support group, visit [here](#).
- www.nar-anon.org, A support group for those affected by another's drug addiction. To find an online support group, visit [here](#).

Co-dependency

- www.coda.org - Co-Dependents Anonymous, a program that helps individuals recover from codependence. To find an online support group, visit [here](#).

Depression and Anxiety

- www.adaa.org - Anxiety and Depression Association of America (ADAA) is an international nonprofit organization dedicated to the prevention, treatment, and cure of anxiety, depression, OCD, PTSD, and co-occurring disorders. To find an online support group, visit [here](#).

Eating Disorder

- www.eatingdisorderhope.com - Eating Disorder Hope's mission is to offer hope, information, and resources to individual eating disorder sufferers, their family members, and treatment providers. To find an online support group, visit [here](#).

Sexual Addiction

- www.sa.org - A fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover. To find an online support group, visit [here](#).



Neighborhood House Association

"A Neighbor You Can Count On...Since 1914"



- **www.saa-recovery.org** - Sex Addicts Anonymous (SAA) shares experience and hope to others so that they can overcome their sexual addiction. To find a telephone or virtual meeting, visit **[here](#)**.
- **www.cosarecovery.org** - A recovery program for men and women whose lives have been affected by another person's compulsive sexual behavior. To find an online support group, visit **[here](#)**.
- **www.sanon.org** - A worldwide fellowship of the relatives and friends of sexually addicted people. To find an online support group, visit **[here](#)**.
- **www.slaafws.org** - A program for anyone who suffers from an addictive compulsion to engage in or avoid sex, love, or emotional attachment. To find an online support group, visit **[here](#)**.